

**School Health Advisory Committee (SHAC) Minutes –
Meeting December 6, 2017**

Start of meeting

- Meeting was called to order by Ms. Martin at 4:00pm. 7 members were present Mrs. Martin welcomed the committee and went over the purpose of the group. Introductions were made for any new attendees. Went over an outline of what would take place during the meeting.
- Bylaws were reviewed. Motion was made and seconded to change the location from Millsap High School to Millsap ISD.
- Ms. Martin informed the group of the visitor that would speak at the end of the meeting from Pure Truth.
- The group watched two videos about ex Mariners pitcher Brian Holman. He pitched a near perfect game, only one out away from a no hitter. The other video was a speech he gave and it gave a background of his family and why he is a motivational speaker. Ms. Martin spoke to him and he informed her that he would speak to the school at no cost to Millsap ISD.
- The committee discussed if we thought he would be a good choice for the school to get to speak to the children. The group all agreed he would be.
- MISD Public Health Brochure was discussed. Any changes that were found were brought to attention so edits could be made.
- One member brought up the possibility of adding Child Advocacy in Parker County to the brochure.

Pure Truth

- Ms. Jayme Wood arrived to discuss Pure Truth with the committee. She has been with them for 6 years. Pure Truth goes to Middle and High Schools, grades 7-12, and spends 2 weeks with each school. There are 9 lessons, and it's the same lessons for all grades. There are 10 instructors, with a new person coming each day. They discuss Health for the mind, body, and soul.
- Mary Elliot speaks on social media. Which apps are good/which apps are bad. She speaks on internet safety.
- They discuss pregnancy, bullying, coping with depression, violence, sex trafficking, STD's
- They are biblically based. They give options to make good decisions. There is no judging.
- Parents can opt kids out if they don't approve. Ms. Wood said kids enjoy the 2 weeks. It's interactive to keep their attention.
- Ms. Wood also informed the committee that there is a Pure Truth option for adults as well.

End of Meeting

- After Ms. Wood left, the committee discussed if we thought Pure Truth was a good option for Millsap ISD. Everyone in attendance agreed it would be a good idea to get them to come speak to our children.
- The meeting ended at 5:30